CLAIMS

- 1. A light-shielding agent comprising a calcium-containing compound.
- 2. A light-shielding agent according to claim 1, wherein the calcium-containing compound is at least one selected from the group consisting of a calcium salt, a calcium hydrate, a calcium oxide, and a calcium complex.
- 3. A light-shielding agent according to claim 1 or 2, wherein the calcium-containing compound is at least one selected from the group consisting of calcium lactate, calcium gluconate, calcium chloride, calcium phosphate, calcium sulfate, and calcium nitrate.
- 4. A light-shielding agent according to any one of claims 1 to 3, wherein the calcium-containing compound is at least one selected from the group consisting of calcium lactate, calcium gluconate, and calcium chloride.
- 5. A film-forming composition comprising a calcium-containing compound and a film-forming base agent.
- 6. A film-forming composition according to claim 5, wherein the calcium-containing compound is at least one selected from the group consisting of a calcium salt, a calcium hydrate, a calcium oxide, and a calcium complex.
- 7. A film-forming composition according to claim 5 or 6, wherein the calcium-containing compound is the light-shielding agent according to any one of claims 1 to 4.
 - 8. A film-forming composition according to any one of claims 5 to 7, wherein the

film-forming base agent is a water-soluble agent.

- 9. A film-forming composition according to any one of claims 5 to 8, wherein the film-forming base agent is a saccharide.
- 10. A film-forming composition according to any one of claims 5 to 9, wherein the film-forming base agent is a cellulose base polymer.
- 11. A film-forming composition according to any one of claims 5 to 10, wherein the film-forming base agent is at least one selected from the group consisting of methylhydroxyethyl cellulose, hydroxypropyl cellulose, and hydroxypropylmethyl cellulose.
- 12. A film-forming composition according to any one of claims 5 to 9, wherein the film-forming base agent is a polysaccharide excepting cellulose base polymers.
- 13. A film-forming composition according to any one of claims 5 to 9 and 12, wherein the film-forming base agent is at least one selected from the group consisting of pullulan, <u>carrageenan</u>, hemilose, and alginic acid.
- 14. A film-forming composition according to any one of claims 5 to 13, wherein the film-forming composition includes at least one selected from the group consisting of a calcium salt, a calcium hydrate, and a calcium oxide in an amount of 0.1 to 150 % by weight, relative to a weight of the film-forming base agent.
- 15. A formulation coated with the film-forming composition according to any one of claims 5 to 14.
 - 16. A formulation according to claim 15, wherein the formulation is a tablet, a

granule, or a capsule.

- 17. A formulation according to claim 15 or 16, wherein the formulation is coated by a spray coating method.
- 18. A capsule comprising the film-forming composition according to any one of claims 5 to 14.